

# Prepared Foods Nutrition Facts



Service Sandwiches Stores may not carry all sandwiches.	Serving Size	Calories	Total Fat		Saturated Fat		Trans Fat	Cholesterol			Sodium		Total Carbohydrates		Dietary Fiber		Sugar	Added Sugar		Protein	Vitamin D	Calcium	Iron	Potassium
	(g)		(g)	(%DV)	(g)	(%DV)	(g)	(mg)	(%DV)	(mg)	(%DV)	(g)	(%DV)	(g)	(%DV)	(g)	(g)	(%DV)	(g)	(%DV)	(%DV)	(%DV)	(%DV)	(%DV)
<b>Sandwiches</b>																								
Buffalo Chicken Flatbread	1 Each (374g)	820	44	56	13	65	0	135	45	2900	126	67	24	3	11	10	4	8	45	0	25	60	15	
Chicken Shawarma Flatbread	1 Each (343g)	770	37	47	8	40	0	140	47	2760	120	65	24	4	14	9	3	6	37	0	10	30	15	
Holiday Turkey on Organic Six Seed Bread or Organic Miche Sourdough Bread - Whole	1 Each (296g)	550	13	16	6	32	0	90	31	1980	86	67	25	2	7	19	15	30	38	0	10	20	8	
Kobe Beef on Baguette with Au Jus - Half	1 Each (298g)	460	21	27	7	35	0	90	30	2430	106	29	11	1	4	1	1	2	29	0	2	20	6	
Kobe Beef on Baguette with Au Jus - Whole	1 Each (510g)	900	42	54	14	70	0	180	60	4670	203	57	21	2	7	2	1	2	56	0	4	40	10	
Kobe Corned Beef on Marble Rye	1 Each (302g)	780	42	54	11	55	0	115	38	2130	93	48	17	3	11	8	7	14	39	0	25	15	4	
Turkey BLT on Organic White - Half	1 Each (126g)	260	15	19	3	15	0	35	12	900	39	16	6	1	4	3	2	4	14	10	2	6	4	
Turkey BLT on Organic White - Whole	1 Each (251g)	520	31	39	6	30	0	70	23	1780	78	33	12	3	11	6	3	6	28	20	4	8	6	

Have questions or comments?  
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 1-800-WEGMANS (934-6267)  
 Monday - Friday 8 AM – 7 PM ET  
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	(g)		(g)	(%DV)	(g)	(%DV)	(g)	(mg)	(%DV)	(mg)	(%DV)	(g)	(%DV)	(g)	(%DV)	(g)	(g)	(%DV)	(g)	(%DV)	(%DV)	(%DV)	(%DV)	
<b>Hot Sandwiches</b>																								
Grilled Celebration Ham & Gruyere Half Sandwich	1 Each (187g)	590	42	54	20	100	0.5	110	37	1040	45	27	10	2	7	1	0	0	25	0	30	10	6	
Grilled Celebration Ham & Gruyere Sandwich	1 Each (374g)	1180	83	106	40	200	1.5	220	73	2110	92	53	19	5	18	2	1	2	50	6	60	20	15	
Grilled Cuban Style Half Sandwich	1 Each (186g)	560	40	51	17	85	0.5	100	33	730	32	24	9	0	0	1	0	0	24	0	20	10	6	
Grilled Cuban Style Sandwich	1 Each (372g)	1120	81	104	34	170	1.5	205	68	1460	63	48	17	0	0	2	1	2	48	0	45	30	10	
Grilled Rubeen Half Sandwich	1 Each (202g)	550	35	45	16	80	0.5	105	35	1310	57	29	11	3	11	2	1	2	25	0	25	10	4	
Grilled Rubeen Sandwich	1 Each (404g)	1100	70	90	32	160	1	215	72	2620	114	58	21	6	21	3	3	6	51	0	50	20	6	
Grilled Tuna Melt	1 Each (344g)	960	61	78	28	140	1	185	62	900	39	53	19	3	11	3	0	0	50	15	45	15	10	
Grilled Tuna Melt (Half Sandwich)	1 Each (172g)	480	31	40	14	70	5	90	30	450	20	26	9	1	4	2	0	0	25	10	25	10	6	
Grilled Turkey Bacon Ranch Sandwich	1 Each (339g)	790	35	45	13	65	0	140	47	2800	122	61	22	0	0	7	1	2	54	0	35	20	10	
Grilled Turkey Bacon Ranch (Half Sandwich)	1 Each (170g)	400	17	22	7	35	0	70	23	1400	61	31	11	0	0	4	1	2	27	0	15	10	6	
Hot Spicy Pesto Turkey Sandwich	1 Each (498g)	1190	68	87	33	165	2	215	72	2860	124	96	35	10	36	4	2	4	56	0	50	20	15	
Hot Pastrami Sandwich	1 Each (342g)	1220	65	83	15	75	0	240	80	3160	137	54	20	3	11	1	0	0	48	0	4	35	4	
Porcini Mushroom Crusted Prime Rib on Ciabatta Roll w/Fries - <i>Half</i>	1 Each (312g)	870	56	72	14	70	1.5	65	22	2500	109	65	24	5	18	3	0	0	31	0	2	40	15	
Porcini Mushroom Crusted Prime Rib on Portuguese Roll w/Fries - <i>Whole</i>	1 Each (398g)	1140	77	99	22	110	2.5	135	45	3640	158	68	25	4	14	2	1	2	48	0	4	45	20	

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