

Prepared Foods Nutrition Facts



Traditional Deck Oven Pizza	Serving Size	Calories	Calories from fat	Total Fat		Saturated Fat		Trans Fat	Cholesterol		Sodium		Total Carbohydrates		Dietary Fiber		Sugar	Protein	Vitamin A	Vitamin C	Calcium	Iron
	(g)			(g)	(%DV)	(g)	(%DV)	(g)	(mg)	(%DV)	(mg)	(%DV)	(g)	(%DV)	(g)	(%DV)	(g)	(g)	(%DV)	(%DV)	(%DV)	(%DV)
Pizza Slices - TIP (6 slices per large pizza)																						
Buffalo Chicken	1 Slice	600	240	26	40	8	40	0	65	22	1780	74	61	20	3	12	4	26	6	2	25	0
Bolognese Pizza (Seasonal)	1 Slice	520	160	17	26	8	40	0	60	20	1350	56	61	20	3	12	4	26	10	15	30	4
Caramelized Onion & Applewood Bacon	1 Slice	510	140	16	25	7	35	0	40	13	1660	69	67	22	4	16	9	24	6	15	25	6
Cheese	1 Slice	440	110	13	20	6	30	0	35	12	1250	52	60	20	4	16	5	20	6	10	20	0
Cheese & Meatball	1 Slice	530	180	20	31	9	45	0	50	17	1440	60	62	21	4	16	5	24	6	10	25	2
Cheese & Pepperoni	1 Slice	500	150	17	26	8	40	0	45	15	1460	61	60	20	4	16	5	22	6	10	20	0
Cheese & Spicy Small Cup Pepperoni	1 Slice	480	150	16	25	7	35	0	40	13	1400	58	61	20	4	16	5	22	6	20	20	2
Margherita	1 Slice	390	80	9	14	3.5	18	0	15	5	1100	46	60	20	4	16	5	16	4	10	10	0
Meatball, Ricotta & Hot Peppers	1 Slice	540	180	20	31	9	45	0	55	18	1520	63	62	21	4	16	5	25	10	15	35	0
Mushroom & Truffle	1 Slice	460	140	16	25	5	25	0	25	8	1170	49	59	20	3	12	4	18	4	4	15	2
Pepperoni & Bacon	1 Slice	540	180	20	31	9	45	0	50	17	1840	77	61	20	4	16	5	26	6	10	20	6
Pepperoni & Roasted Mushrooms	1 Slice	500	160	18	28	8	40	0	45	15	1530	64	61	20	4	16	5	23	6	10	20	2

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	(g)			(g)	(%DV)	(g)	(%DV)	(g)	(mg)	(%DV)	(mg)	(%DV)	(g)	(%DV)	(g)	(%DV)	(g)	(g)	(%DV)	(%DV)	(%DV)	(%DV)
Pepperoni, Sausage, Bacon & Meatballs	1 Slice	650	260	29	45	12	60	0	70	23	2060	86	62	21	4	16	5	31	6	10	25	8
Pepperoni, Sausage, Peppers & Onion	1 Slice	550	190	22	34	9	45	0	55	18	1560	65	62	21	4	16	5	25	6	20	25	2
Pepperoni & Sausage	1 Slice	550	190	22	34	9	45	0	55	18	1560	65	61	20	4	16	5	25	6	10	25	2
Pesto Cream, Chicken, Tomatoes & Fresh Basil	1 Slice	500	150	17	26	7	35	0	50	17	1290	54	60	20	3	12	4	25	15	8	25	2
Pesto, Tomato & Spinach	1 Slice	550	200	22	34	9	45	0	50	17	1350	56	61	20	4	16	4	25	25	10	35	4
Pesto Veggie	1 Slice	500	150	17	26	7	35	0	40	13	1390	58	62	21	4	16	4	22	25	35	30	4
Sausage & Banana Peppers	1 Slice	470	140	16	25	7	35	0	45	15	1310	55	59	20	3	12	3	22	6	8	25	2
Spicy Cup Pepperoni & Italian Sausage	1 Slice	530	180	21	32	8	40	0	50	17	1500	63	61	20	4	16	5	24	8	20	25	2
Spicy Cup Pepperoni & Roasted Mushrooms	1 Slice	490	150	17	26	7	35	0	40	13	1460	61	61	20	4	16	5	22	6	20	20	2
Spicy Cup Pepperoni, Sausage, Bacon, & Meatballs	1 Slice	670	280	31	48	12	60	0	75	25	2060	86	63	21	4	16	5	32	8	20	25	10
Spicy Cup Pepperoni, Sausage, Peppers & Onions	1 Slice	540	180	21	32	8	40	0	50	17	1500	63	62	21	4	16	5	24	8	30	25	4
Truffle Cream, Spinach, Artichoke, & Roasted Red Pepper	1 Slice	510	170	19	29	6	30	0	25	8	1250	52	61	20	4	16	4	19	20	15	20	4

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	(g)			(g)	(%DV)	(g)	(%DV)	(g)	(mg)	(%DV)	(mg)	(%DV)	(g)	(%DV)	(g)	(%DV)	(g)	(g)	(%DV)	(%DV)	(%DV)	(%DV)
White, Spinach, Roasted Red Peppers & Roasted Mushrooms	1 Slice	570	210	24	37	11	55	0	55	18	1440	60	62	21	4	16	5	26	25	15	40	4
White Cheese & Garlic	1 Slice	550	190	22	34	11	55	0	60	20	1340	56	62	21	3	12	4	26	10	4	35	2
White Garlic, Tomato Trio & Onions	1 Slice	540	170	19	29	10	50	0	55	18	1300	54	64	21	3	12	5	25	15	10	35	2
Breakfast Pizza Slices - TIP (6 slices per large pizza)																						
Bacon Breakfast	1 Slice	480	150	16	25	8	40	0	125	42	1190	50	57	19	3	12	3	23	10	2	25	2
Ham Breakfast	1 Slice	500	150	17	26	8	40	0	135	45	1300	54	58	19	3	12	3	26	10	2	25	8
Italian Sausage Breakfast	1 Slice	530	180	20	31	9	45	0	135	45	1270	53	58	19	3	12	3	25	10	2	30	4
Italian Sausage, Peppers & Onions Breakfast	1 Slice	530	180	20	31	9	45	0	135	45	1270	53	59	20	3	12	3	25	10	4	30	4
Veggie Breakfast	1 Slice	530	170	19	29	8	40	0	125	42	1310	55	63	21	4	16	5	24	30	40	30	6
Signature Pizzas TIP- Small (4 SLICES PER PIZZA)																						
Buffalo Chicken	1 Slice	230	90	10	15	3	15	0	25	8	680	28	23	8	1	4	2	10	2	0	8	0
Caramelized Onion & Applewood Bacon	1 Slice	200	50	6	9	2.5	13	0	15	5	620	26	25	8	2	8	4	9	2	6	8	2
Cheese	1 Slice	170	45	5	8	2.5	13	0	15	5	470	20	23	8	1	4	2	8	2	4	8	0
Margherita	1 Slice	170	40	4.5	7	2.5	13	0	10	3	420	18	23	8	1	4	2	8	4	4	6	0

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	(g)			(g)	(%DV)	(g)	(%DV)	(g)	(mg)	(%DV)	(mg)	(%DV)	(g)	(%DV)	(g)	(%DV)	(g)	(g)	(%DV)	(%DV)	(%DV)	(%DV)
Mushroom & Truffle	1 Slice	170	50	6	9	1.5	8	0	5	2	420	18	22	7	1	4	2	6	0	2	6	0
Pepperoni & Cheese	1 Slice	190	60	7	11	3	15	0	20	7	550	23	23	8	1	4	2	9	2	4	8	0
Spicy Cup Pepperoni & Cheese	1 Slice	180	60	6	9	3	15	0	15	5	530	22	23	8	1	4	2	8	2	8	8	0
Pesto Tomato Spinach	1 Slice	210	70	8	12	3.5	18	0	20	7	510	21	23	8	1	4	2	9	8	4	15	2
Prosciutto & Arugula	1 Slice	180	50	6	9	3	15	0	20	7	510	21	22	7	1	4	1	9	4	0	10	0
White Cheese & Garlic	1 Slice	220	80	9	14	4	20	0	20	7	510	21	23	8	1	4	2	10	4	2	15	0

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	(g)			(g)	(%DV)	(g)	(%DV)	(g)	(mg)	(%DV)	(mg)	(%DV)	(g)	(%DV)	(g)	(%DV)	(g)	(g)	(%DV)	(%DV)	(%DV)	(%DV)
Signature Pizzas TIP- Medium																						
Buffalo Chicken	1 Slice	300	120	13	20	4	20	0	30	10	890	37	30	10	1	4	2	13	4	0	10	0
Caramelized Onion & Applewood Bacon	1 Slice	260	70	8	12	3.5	18	0	20	7	820	34	33	11	2	8	4	12	2	6	10	2
Cheese	1 Slice	220	60	6	9	3	15	0	15	5	620	26	30	10	2	8	2	10	2	6	10	0
Pepperoni & Cheese	1 Slice	240	70	8	12	3.5	18	0	20	7	700	29	30	10	2	8	2	11	2	6	10	0
Spicy Cup Pepperoni & Cheese	1 Slice	240	70	8	12	3.5	18	0	20	7	700	29	30	10	2	8	2	11	4	10	10	0
Margherita	1 Slice	220	50	6	9	3	15	0	15	5	560	23	30	10	2	8	3	10	4	6	8	0
Mushroom & Truffle	1 Slice	230	70	8	12	2.5	13	0	10	3	580	24	29	10	2	8	2	9	2	2	8	0
Pesto Tomato Spinach	1 Slice	270	100	11	17	4.5	23	0	25	8	680	28	31	10	2	8	2	12	10	6	15	2
Prosciutto & Arugula	1 Slice	240	80	9	14	4	20	0	25	8	670	28	29	10	1	4	2	12	4	2	15	0
White Cheese & Garlic	1 Slice	280	100	11	17	5	25	0	30	10	670	28	31	10	2	8	2	13	6	2	20	0
Signature Pizzas TIP - Large (8 Slices/Pie)																						
Buffalo Chicken	1 Slice	450	180	20	31	6	30	0	50	17	1330	55	46	15	2	8	3	20	6	2	15	0
Caramelized Onion & Applewood Bacon	1 Slice	390	110	12	18	5	25	0	30	10	1250	52	50	17	3	12	7	18	4	10	15	4
Cheese Pizza	1 Slice	330	90	10	15	4.5	23	0	25	8	940	39	45	15	3	12	3	15	4	8	15	0
Margherita	1 Slice	330	90	10	15	4.5	23	0	25	8	940	39	45	15	3	12	3	15	4	8	15	0
Mushroom & Truffle	1 Slice	340	110	12	18	4	20	0	20	7	870	36	44	15	3	12	3	14	4	2	10	0
Pepperoni & Cheese	1 Slice	370	120	13	20	6	30	0	35	12	1100	46	45	15	3	12	3	17	4	8	15	0

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	(g)			(g)	(%DV)	(g)	(%DV)	(g)	(mg)	(%DV)	(mg)	(%DV)	(g)	(%DV)	(g)	(%DV)	(g)	(g)	(%DV)	(%DV)	(%DV)	(%DV)
Spicy Cup Pepperoni & Cheese	1 Slice	360	110	12	18	5	25	0	30	10	1050	44	46	15	3	12	4	16	4	15	15	2
Pesto Tomato Spinach	1 Slice	410	150	17	26	7	35	0	35	12	1010	42	46	15	3	12	3	18	20	8	25	2
Prosciutto & Arugula	1 Slice	350	100	11	17	6	30	0	35	12	970	40	42	14	1	4	1	18	6	2	20	0
White Cheese & Garlic	1 Slice	410	150	16	25	8	40	0	45	15	1010	42	46	15	2	8	3	19	8	4	30	0
Signature Breakfast Pizzas TIP - Large (8 Slices/Pie)																						
Bacon	1 Slice	360	110	12	18	6	30	0	95	32	900	38	43	14	2	8	2	17	6	0	20	2
Ham	1 Slice	380	110	13	20	6	30	0	105	35	980	41	43	14	2	8	3	20	6	0	20	6
Italian Sausage	1 Slice	400	140	15	23	6	30	0	105	35	950	40	43	14	2	8	2	19	8	2	20	2
Italians Sausage, Peppers, Onions	1 Slice	400	140	15	23	6	30	0	105	35	950	40	44	15	2	8	2	19	8	2	20	2
Veggie	1 Slice	530	170	19	29	8	40	0	125	42	1310	55	63	21	4	16	5	24	30	40	30	6
Dough Calories TIP																						
Small (Thick)	1 Each	450	25	3	5	0	0	0	0	0	1260	53	84	28	4	16	4	17	0	2	0	0
Medium (Thin)	1 Each	450	25	3	5	0	0	0	0	0	1260	53	84	28	4	16	4	17	0	2	0	0
Medium (Thick)	1 Each	900	50	6	9	1	5	0	0	0	2520	105	168	56	9	36	8	34	0	4	0	0
Large (Thin)	1 Each	900	50	6	9	1	5	0	0	0	2520	105	168	56	9	36	8	34	0	4	0	0
Large (Thick)	1 Each	1790	110	13	20	2	10	0	0	0	5040	210	336	112	17	68	17	68	0	8	2	0

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