

Kosher for Passover Nutrition Facts



	Serving Size	Calories	Calories from fat	Total Fat		Saturated Fat		Trans Fat	Cholesterol		Sodium		Total Carbohydrates		Dietary Fiber		Sugar	Added Sugar		Protein	Vitamin D	Calcium	Iron	Potassium
	(g)			(g)	(%DV)	(g)	(%DV)	(g)	(mg)	(%DV)	(mg)	(%DV)	(g)	(%DV)	(g)	(%DV)		(g)	(%DV)					
Passover Matzoh Farfel	142	290	81	9	12	1.5	8	0	0	0	830	36	49	18	1	4	4	0	0	8	0	4	10	6
Passover Potato Souffle	142	200	99	11	14	3	15	0	50	17	510	22	19	7	1	4	1	0	0	5	0	0	6	0
Passover Matzoh Apple Souffle	142	400	153	17	22	4	20	0	80	27	280	12	56	20	1	4	33	25	50	7	0	0	6	2
Passover Carrot Tzimmes	85	70	0	0	0	0	0	0	0	0	160	7	17	6	2	7	13	8	16	1	0	0	0	4
Passover Broccoli Souffle	142	180	81	9	12	2.5	13	0	90	30	610	27	16	6	2	7	3	2	4	8	0	2	6	0
Passover Vegetable Souffle	142	170	81	9	12	2	10	0	75	25	700	30	16	6	2	7	4	2	4	7	0	4	6	2
Passover Matzoh Souffle	142	410	162	18	23	4.5	22	0	85	28	290	13	57	21	0	0	33	26	52	8	0	0	6	0

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	(g)			(g)	(%DV)	(g)	(%DV)	(g)	(mg)	(%DV)	(mg)	(%DV)	(g)	(%DV)	(g)	(%DV)						
Kosher Brisket W/Sauce	142	190	60	6	9	2.5	13	0	70	23	290	12	4	1	0	0	1	26	4	2	2	10
Kosher Cooked Turkey	85	130	50	5	8	1.5	8	0	50	17	300	13	0	0	0	0	0	18	0	0	0	8
Kosher Gravy	57	30	20	2	3	0	0	0	0	0	200	8	3	1	0	0	0	0	0	0	0	0