

# Prepared Foods Nutrition Facts

c/c	Soups	Serving Size	Calories	Total Fat		Saturated Fat		Trans Fat	Cholesterol		Sodium		Total Carbohydrates		Dietary Fiber		Sugar	Added Sugar		Protein	Vitamin D	Calcium	Iron	Potassium
		(g)		(g)	(%DV)	(g)	(%DV)	(g)	(mg)	(%DV)	(mg)	(%DV)	(g)	(%DV)	(g)	(%DV)	(g)	(g)	(%DV)	(g)	(%DV)	(%DV)	(%DV)	(%DV)
680420	Baked Potato Soup	8 oz (227g)	220	14	18	8	40	0	45	15	590	26	20	7	2	7	3	0	0	6	0	6	6	10
678306	Beef & Bean Chili	8 oz (227g)	260	13	17	4.5	23	0.5	40	13	570	25	20	7	-	-	7	-	-	16	-	4	15	-
829250	Broccoli Cheddar Soup	8 oz (227g)	340	26	33	15	75	0.5	75	25	790	34	15	5	1		9	0	0	11	10	25	0	8
810132	Buffalo Chicken Chowder	8 oz (227g)	240	17	22	9	45	0.5	70	23	1180	51	11	4	2	7	3	0	0	12	6	6	6	6
680426	Butternut Bisque	8 oz (227g)	150	4	5	2	10	0	10	3	710	31	27	10	3	11	5	1	2	6	0	6	6	8
680422	Chicken & Dumpling	8 oz (227g)	170	6	8	2	10	0	60	20	670	29	20	7	1	4	1	0	0	10	6	2	6	6
775002	Clam Bake Chowder with Chorizo	8 oz (227g)	120	3.5	4	1	5	0	15	5	580	25	14	5	2	7	2	0	0	9	0	2	6	8
810145	Escarole, Bean & Sausage Soup w/ Italian Sausage	8 oz (227g)	140	7	9	2	11	0	15	5	650	28	13	5	3	11	1	0	0	6	0	4	6	4
783206	Golden Grain Vegetable Soup	8 oz (227g)	120	3	4	1.5	8	0	0	0	690	30	22	8	3	11	3	1	2	3	0	2	6	6
16305	Italian Wedding Soup	8 oz (227g)	120	5	7	2	10	0	20	7	450	20	12	5	1	3	3	1	2	5	0	2	4	4
94151	Lobster Bisque	8 oz (227g)	240	19	24	12	58	0.5	85	28	860	37	12	4	0	2	4	1	2	4	4	4	2	4
680424	Manhattan Clam Chowder	8 oz (227g)	90	1	1	0	0	0	15	5	590	26	13	5	3	11	5	1	2	7	0	0	6	8
810151	New England Clam Chowder	8 oz (227g)	230	16	21	8	40	0	60	20	590	26	13	5	1	4	3	0	0	9	15	10	10	10

\*-Nutrient not required per USDA Regulation

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727372	Pork Pozole	8 oz (227g)	150	5	6	1.5	8	0	20	7	610	27	7	3	1	4	2	0	0	9	0	10	6	6
611403	Roasted Tomato Basil Soup	8 oz (227g)	110	4	5	0	0	0	0	0	1000	43	16	6	3	11	9	0	0	3	0	6	6	15
810137	Rotisserie Chicken Noodle Soup	8 oz (227g)	120	4	5	1	5	0	40	13	730	32	11	4	1	4	1	0	0	11	0	2	6	2
790608	Shrimp Bisque	8 oz (227g)	170	8	10	3.5	18	0	55	18	1000	43	13	5	1	4	4	0	0	7	6	6	6	6
490913	Shrimp & Roasted Corn Chowder	8 oz (227g)	230	14	18	7	35	0	60	20	650	28	22	8	2	7	8	4	8	6	0	6	6	6
810157	Spicy Southwest Chicken Soup	8 oz (227g)	130	4	4	1	5	0	25	8	750	33	14	5	2	7	3	0	0	10	0	2	6	4
709138	Summer Vegetable Orzo Soup	8 oz (227g)	80	1.5	2	0	0	0	0	0	740	32	14	5	2	7	4	1	2	2	0	2	6	6
503006	Tomato Basil with Orzo Soup	8 oz (227g)	120	6	8	2.5	13	0	15	5	640	28	15	5	2	7	6	1	2	3	0	2	6	8
678313	Turkey & Bean Chili	8 oz (227g)	220	13	17	2.5	13	0	55	18	560	24	15	5	-	-	3	-	-	13	-	10	15	-
787080	Tuscan Lasagna Soup with Turkey Sausage	8 oz (227g)	170	8	10	3	15	0	30	10	770	33	15	5	-	-	4	-	-	10	-	8	6	-
791599	Organic Butternut Squash & Apple Bisque	8 oz (227g)	140	4	5	2	10	0	10	3	640	28	25	9	3	11	9	3	6	3	0	6	6	8
665528	Organic Chicken Tortilla	8 oz (227g)	140	4.5	6	0	0	0	20	7	510	22	16	6	-	-	5	-	-	8	-	4	6	-
779742	Organic Chicken Noodle Soup	8 oz (227g)	140	4.5	6	2	10	0	45	15	640	28	12	4	1	4	2	0	0	12	0	4	6	4
61391	Organic Moroccan Lentil & Chickpea Soup	8 oz (227g)	160	2.5	4	0.5	3	0	0	0	590	25	28	9	9	36	5	2	3	9	0	4	15	8
29456	Organic Tomato Bisque	8 oz (227g)	130	5	6	2.5	13	0	15	5	180	8	19	7	3	11	13	3	6	4	0	8	10	15
530668	Organic Vegetarian Chili	8 oz (227g)	130	3	3	0	0	0	0	0	530	23	22	8	7	25	5	1	2	6	0	4	10	10
27643	Organic Spicy Red Lentil Chili	8 oz (227g)	150	4	4	1.5	8	0	5	2	560	24	22	8	4	14	3	1	2	7	0	2	10	8

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