

# Bakery Nutrition Facts



Fun Cupcakes	Serving Size	Calories	Calories from fat	Total Fat		Saturated Fat		Trans Fat	Cholesterol		Sodium		Total Carbohydrate		Dietary Fiber		Sugar	Protein	Vitamin A	Vitamin C	Calcium	Iron
				g	%DV	g	%DV		g	mg	%DV	mg	%DV	g	%DV	g						
Serving Size - 1 each	g			g	%DV	g	%DV	g	mg	%DV	mg	%DV	g	%DV	g	%DV	g	g	%DV	%DV	%DV	%DV
Single 4 Pk 12 Pk 10pk Valentine Cupcakes																						
Yellow Cupcake w/ Buttercreme	80	370	200	22	35	7	35	0.5	40	13	230	10	40	13	0	1	29	2	2	0	2	4
Yellow Cupcake w/ Chocolate Buttercreme	80	370	200	23	35	7	34	0	35	12	240	10	38	13	1	5	25	3	2	0	2	8
Chocolate Cupcake w/ Chocolate Buttercreme	80	350	200	22	34	7	35	0	30	10	230	10	36	12	2	7	24	3	2	0	2	10
Chocolate Cupcake w/ Buttercreme	80	360	200	22	34	7	36	0	30	11	230	9	38	13	1	4	27	3	2	0	2	8

Fun Character Cupcakes	Serving Size	Calories	Calories from fat	Total Fat		Saturated Fat		Trans Fat	Cholesterol		Sodium		Total Carbohydrate		Dietary Fiber		Sugar	Protein	Vitamin A	Vitamin C	Calcium	Iron
				g	%DV	g	%DV		g	mg	%DV	mg	%DV	g	%DV	g						
Serving Size - 1 each	g			g	%DV	g	%DV	g	mg	%DV	mg	%DV	g	%DV	g	%DV	g	g	%DV	%DV	%DV	%DV
Single 6 Pk 12 Pk	120	490	230	26	40	9	45	0	35	12	260	11	63	21	1	4	49	3	2	0	2	8

Novelty Cupcakes	Serving Size	Calories	Calories from fat	Total Fat		Saturated Fat		Trans Fat	Cholesterol		Sodium		Total Carbohydrate		Dietary Fiber		Sugar	Protein	Vitamin A	Vitamin C	Calcium	Iron
				g	%DV	g	%DV		g	mg	%DV	mg	%DV	g	%DV	g						
Serving Size - 1 each	g			g	%DV	g	%DV	g	mg	%DV	mg	%DV	g	%DV	g	%DV	g	g	%DV	%DV	%DV	%DV
12pk 24 pk	85	390	220	25	38	8	41	0.5	35	11	230	9	41	14	1	5	29	3	2	0	2	8

Pumpkin Cupcakes	Serving Size	Calories	Calories from fat	Total Fat		Saturated Fat		Trans Fat	Cholesterol		Sodium		Total Carbohydrate		Dietary Fiber		Sugar	Protein	Vitamin A	Vitamin C	Calcium	Iron
				g	%DV	g	%DV		g	mg	%DV	mg	%DV	g	%DV	g						
Serving Size - 1 each	g			g	%DV	g	%DV	g	mg	%DV	mg	%DV	g	%DV	g	%DV	g	g	%DV	%DV	%DV	%DV
Pumpkin Cupcake w/ Whipped Cream, Single, 4pk & 12 pk	85	270	130	14	22	6	30	0.5	40	13	230	10	35	12	1	4	22	3	60	0	4	2

Have questions or comments? Call Wegmans Consumer Affairs  
Monday-Friday 8 a.m. - 5 p.m.  
(585) 464-4760 or toll free 1-800-WEGMANS ext 4760

4 pk Pumpkin Cupcake w/ Cream Cheese Icing	114	410	200	22	34	10	50	1	45	15	380	16	51	17	1	4	36	4	80	0	4	4	
Mini Fun Cupcakes	Servin g Size	Calories	Calories from fat	Total Fat		Saturated Fat		Trans Fat	Cholesterol			Sodium		Total Carbohydrate		Dietary Fiber		Sugar	Protein	Vitamin A	Vitamin C	Calcium	Iron
Serving Size - 4 each	g			g	%DV	g	%DV	g	mg	%DV	mg	%DV	g	%DV	g	%DV	g	g	g	%DV	%DV	%DV	%DV
Single 6 Pk																							
Mini Yellow Cupcake w/ Buttercreme	85	390	220	24	37	7	35	0	40	13	250	10	42	14	0	0	30	3	2	0	2	4	
Mini Yellow Cupcake w/ Chocolate Buttercreme	85	390	220	24	37	7	35	0	40	13	260	11	40	13	1	4	26	3	2	0	2	8	
Mini Chocolate Cupcake w/ Chocolate Buttercreme	85	370	210	24	37	7	36	0	30	11	250	11	38	13	2	8	25	4	2	0	2	10	
Mini Chocolate Cupcake w/ Buttercreme	85	380	210	23	36	7	37	0	35	12	250	10	40	13	1	4	29	3	2	0	2	8	

Fun Filled Cupcakes	Servin g Size	Calories	Calories from fat	Total Fat		Saturated Fat		Trans Fat	Cholesterol			Sodium		Total Carbohydrate		Dietary Fiber		Sugar	Protein	Vitamin A	Vitamin C	Calcium	Iron
Serving Size - 1 each	g			g	%DV	g	%DV	g	mg	%DV	mg	%DV	g	%DV	g	%DV	g	g	g	%DV	%DV	%DV	%DV
Single 4 Pk 6 Pk 12 Pk																							
Peanut Butter Filled Chocolate Cupcake	140	610	300	34	52	13	65	0.5	55	18	240	10	76	25	3	12	62	6	6	0	4	10	
Raspberry Filled Chocolate Cupcake	140	620	330	36	55	14	70	1	40	13	280	12	71	24	2	8	57	3	4	0	2	15	
Custard Filled Yellow Cupcake	128	520	230	26	40	10	50	0.5	60	20	230	10	71	24	2	8	57	4	6	0	2	8	
Chocolate Buttercreme Filled Chocolate Cupcake	129	610	360	41	63	14	70	<1	35	12	310	13	59	20	3	12	39	5	2	0	2	20	
Buttercreme Filled Chocolate Cupcake	129	620	360	40	62	14	70	1	45	15	280	12	63	21	1	4	49	3	4	0	2	8	
Buttercreme Filled Yellow Cupcake	129	620	360	40	62	14	70	1	45	15	280	12	63	21	1	4	49	3	4	0	2	8	
Chocolate Buttercreme Filled Yellow Cupcake	129	610	360	41	63	14	70	<1	35	12	310	13	59	20	3	12	39	5	2	0	2	20	

<b>Ube Cupcakes</b>	<b>Servin g Size</b>	<b>Calories</b>	<b>Calories from fat</b>	<b>Total Fat</b>		<b>Saturated Fat</b>		<b>Trans Fat</b>	<b>Cholesterol</b>		<b>Sodium</b>		<b>Total Carbohydrate</b>		<b>Dietary Fiber</b>		<b>Sugar</b>	<b>Protein</b>	<b>Vitamin A</b>	<b>Vitamin C</b>	<b>Calcium</b>	<b>Iron</b>
<b>Serving Size - 1 each</b>	<b>g</b>			<b>g</b>	<b>%DV</b>	<b>g</b>	<b>%DV</b>	<b>g</b>	<b>mg</b>	<b>%DV</b>	<b>mg</b>	<b>%DV</b>	<b>g</b>	<b>%DV</b>	<b>g</b>	<b>%DV</b>	<b>g</b>	<b>g</b>	<b>%DV</b>	<b>%DV</b>	<b>%DV</b>	<b>%DV</b>
<b>Single 4 Pk 12 Pk</b>																						
<b>Ube Cupcake Chocolate &amp; Yellow</b>	89	380	200	22	34	7	35	0	35	12	240	10	44	15	1	4	31	3	2	0	2	4
<b>Mini Ube Cupcakes</b>	<b>Servin g Size</b>	<b>Calories</b>	<b>Calories from fat</b>	<b>Total Fat</b>		<b>Saturated Fat</b>		<b>Trans Fat</b>	<b>Cholesterol</b>		<b>Sodium</b>		<b>Total Carbohydrate</b>		<b>Dietary Fiber</b>		<b>Sugar</b>	<b>Protein</b>	<b>Vitamin A</b>	<b>Vitamin C</b>	<b>Calcium</b>	<b>Iron</b>
<b>Serving Size - 4 each</b>	<b>g</b>			<b>g</b>	<b>%DV</b>	<b>g</b>	<b>%DV</b>	<b>g</b>	<b>mg</b>	<b>%DV</b>	<b>mg</b>	<b>%DV</b>	<b>g</b>	<b>%DV</b>	<b>g</b>	<b>%DV</b>	<b>g</b>	<b>g</b>	<b>%DV</b>	<b>%DV</b>	<b>%DV</b>	<b>%DV</b>
<b>12 pk</b>																						
<b>Mini Ube Cupcake Chocolate &amp; Yellow</b>	87	380	200	22	34	7	35	0	35	12	230	10	43	14	1	4	31	3	2	0	2	4