

Restaurant Foods Nutrition Facts

Coffee Shop - Hot Coffee	Serving Size	Calories	Total Fat (g)	Total Fat (%DV)	Saturated Fat (g)	Saturated Fat (%DV)	Trans Fat (g)	Cholesterol (mg)	Cholesterol (%DV)	Sodium (mg)	Sodium (%DV)	Total Carbohydrates (g)	Total Carbohydrates (%DV)	Dietary Fiber (g)	Dietary Fiber (%DV)	Sugar (g)	Added Sugar (g)	Added Sugar (%DV)	Protein (g)	Vitamin D (%DV)	Calcium (%DV)	Iron (%DV)	Potassium (%DV)
Lattes/Macchiatos	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Coffee	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Hot or Iced Coffee	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Hot or Iced Coffee	12 oz	5	0	0	0	0	0	0	0	5	0	0	0	0	0	0	0	0	0	0	0	0	4
Hot or Iced Coffee	15 oz	5	0	0	0	0	0	0	0	10	0	0	0	0	0	0	0	0	1	0	0	0	4
Hot or Iced Coffee	18 oz	5	0	0	0	0	0	0	0	10	0	0	0	0	0	0	0	0	1	0	0	0	6
Flat White																							
Whole Milk	12 oz	30	1.5	2	1	5	0	5	2	20	1	2	1	0	0	2	0	0	1	2	4	0	1
Whole Milk	15 oz	45	2	3	1.5	8	0	5	2	35	2	3	1	0	0	3	0	0	2	4	6	0	2
Whole Milk	18 oz	60	2.5	3	2	10	0	10	3	45	2	5	2	0	0	5	0	0	3	4	8	0	2
Iced Flat White																							
Whole Milk	12 oz	30	1.5	2	1	5	0	5	2	20	1	2	1	0	0	2	0	0	1	2	4	0	1
Whole Milk	15 oz	30	1.5	2	1	5	0	5	2	20	1	2	1	0	0	2	0	0	1	2	4	0	2
Whole Milk	18 oz	45	2	3	1.5	8	0	5	2	35	2	3	1	0	0	3	0	0	2	4	6	0	2
Latte	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whole Milk	8 oz	70	3	4	2	10	0	10	3	50	2	5	2	0	0	5	0	0	3	6	10	0	2
Whole Milk	12 oz	110	5	6	3.5	18	0	15	5	80	3	9	3	0	0	9	0	0	5	10	15	0	4
Whole Milk	15 oz	130	6	8	4	20	0	20	7	100	4	10	4	0	0	10	0	0	6	10	20	0	6
Whole Milk	18 oz	150	7	9	4.5	23	0	25	8	110	5	12	4	0	0	12	0	0	7	10	20	0	6
Iced Latte	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whole Milk	12 oz	50	2.5	3	1.5	8	0	10	3	40	2	4	1	0	0	4	0	0	3	6	8	0	2

Have questions or comments? Call Wegmans Consumer Care Center:

1-800-WEGMANS (934-6267)

Monday - Friday 8 AM – 7 PM ET

Saturday & Sunday 8 AM – 5 PM ET

Coffee Shop - Hot Coffee	Serving Size	Calories	Total Fat (g)	Total Fat (%DV)	Saturated Fat (g)	Saturated Fat (%DV)	Trans Fat (g)	Cholesterol (mg)	Cholesterol (%DV)	Sodium (mg)	Sodium (%DV)	Total Carbohydrates (g)	Total Carbohydrates (%DV)	Dietary Fiber (g)	Dietary Fiber (%DV)	Sugar (g)	Added Sugar (g)	Added Sugar (%DV)	Protein (g)	Vitamin D (%DV)	Calcium (%DV)	Iron (%DV)	Potassium (%DV)
Whole Milk	15 oz	70	3	4	2	10	0	10	3	50	2	5	2	0	0	5	0	0	3	6	10	0	2
Whole Milk	18 oz	80	4	5	2.5	13	0	15	5	60	3	6	2	0	0	6	0	0	4	6	10	0	4
Macchiato	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whole Milk	12 oz	100	5	6	3	15	0	15	5	75	3	8	3	0	0	8	0	0	5	10	15	0	4
Whole Milk	15 oz	110	5	6	3.5	18	0	15	5	80	3	8	3	0	0	8	0	0	5	10	15	0	4
Whole Milk	18 oz	150	7	9	4.5	23	0	25	8	110	5	12	4	0	0	12	0	0	7	10	20	0	6
Iced Macchiato	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whole Milk	12 oz	50	2.5	3	1.5	8	0	10	3	40	2	4	1	0	0	4	0	0	3	6	8	0	2
Whole Milk	15 oz	70	3	4	2	10	0	10	3	50	2	5	2	0	0	5	0	0	3	6	10	0	2
Whole Milk	18 oz	80	4	5	2.5	13	0	15	5	60	3	6	2	0	0	6	0	0	4	6	10	0	4

Coffee Shop - Hot Coffee	Serving Size	Calories	Total Fat (g)	Total Fat (%DV)	Saturated Fat (g)	Saturated Fat (%DV)	Trans Fat (g)	Cholesterol (mg)	Cholesterol (%DV)	Sodium (mg)	Sodium (%DV)	Total Carbohydrates (g)	Total Carbohydrates (%DV)	Dietary Fiber (g)	Dietary Fiber (%DV)	Sugar (g)	Added Sugar (g)	Added Sugar (%DV)	Protein (g)	Vitamin D (%DV)	Calcium (%DV)	Iron (%DV)	Potassium (%DV)
Mochas	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Mocha	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whole Milk	12 oz	240	7	9	5	25	0	15	5	280	12	38	14	1	4	29	22	44	6	6	15	6	10
Whole Milk	15 oz	290	9	12	6	30	0	15	5	350	15	48	17	2	7	36	28	56	7	6	15	6	15
Whole Milk	18 oz	390	11	14	8	40	0	15	5	490	21	67	24	3	11	49	41	82	9	10	20	10	20
Iced Mocha	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whole Milk	12 oz	180	4.5	6	3.5	18	0	5	2	240	10	34	12	1	4	24	22	44	4	0	8	6	8
Whole Milk	15 oz	220	6	8	4.5	23	0	5	2	300	13	43	16	2	7	30	28	56	4	0	8	6	10
Whole Milk	18 oz	310	8	10	6	30	0	5	2	410	18	58	21	2	7	42	38	76	6	6	10	10	15
Hot Chocolate	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Regular Hot Chocolate	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whole Milk	12 oz	290	7	9	6	30	0	5	2	390	17	55	20	2	7	39	36	72	5	6	10	10	15
Whole Milk	15 oz	310	8	10	6	30	0	5	2	410	18	58	21	2	7	42	38	76	6	6	10	10	15
Whole Milk	18 oz	420	11	14	8	40	0	10	3	560	24	78	28	3	11	56	51	102	8	6	15	10	20

Coffee Shop - Hot Coffee	Serving Size	Calories	Total Fat (g)	Total Fat (%DV)	Saturated Fat (g)	Saturated Fat (%DV)	Trans Fat (g)	Cholesterol (mg)	Cholesterol (%DV)	Sodium (mg)	Sodium (%DV)	Total Carbohydrates (g)	Total Carbohydrates (%DV)	Dietary Fiber (g)	Dietary Fiber (%DV)	Sugar (g)	Added Sugar (g)	Added Sugar (%DV)	Protein (g)	Vitamin D (%DV)	Calcium (%DV)	Iron (%DV)	Potassium (%DV)
Cappuccino / Macchiato	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Cappuccino	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whole Milk	12 oz	80	4	5	2.5	13	0	15	5	60	3	6	2	0	0	6	0	0	4	6	10	0	4
Whole Milk	15 oz	90	4	5	2.5	13	0	15	5	65	3	7	3	0	0	7	0	0	4	6	10	0	4
Whole Milk	18 oz	100	5	6	3	15	0	15	5	75	3	8	3	0	0	8	0	0	5	10	15	0	4
Iced Cappuccino	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whole Milk	12 oz	40	2	3	1.5	8	0	5	2	30	1	3	1	0	0	3	0	0	2	6	6	0	2
Whole Milk	15 oz	50	2.5	3	1.5	8	0	10	3	40	2	4	1	0	0	4	0	0	3	6	8	0	2
Whole Milk	18 oz	50	2.5	3	1.5	8	0	10	3	40	2	4	1	0	0	4	0	0	3	6	8	0	2
Milk Options	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whole Milk - INCLUDED IN RECIPE	7 oz (in 12 oz drink)	130	6	8	4	20	0	20	7	95	4	10	4	0	0	10	0	0	6	10	15	0	6
Whole Milk - INCLUDED IN RECIPE	11 oz (in 15 oz drink)	200	9	12	6	30	0	30	10	150	7	16	6	0	0	16	0	0	9	15	25	0	8
Whole Milk - INCLUDED IN RECIPE	14 oz (in 18 oz drink)	250	12	15	8	40	0	40	13	190	8	20	7	0	0	20	0	0	12	20	35	0	10
Fat Free/Skim Milk	7 oz (in 12 oz drink)	-60	-6	-8	-4	-20	0	-15	-5	0	0	0	0	0	0	0	0	0	1	0	5	0	0
Fat Free/Skim Milk	11 oz (in 15 oz drink)	-100	-9	-12	-6	-30	0	-25	-8	0	0	0	0	0	0	0	0	0	1	5	5	0	2
Fat Free/Skim Milk	14 oz (in 18 oz drink)	-120	-12	-15	-8	-40	0	-30	-10	0	0	0	0	0	0	0	0	0	1	5	5	0	5
Almondmilk (Unsweetened Original)	7 oz (in 12 oz drink)	-105	-4	-5	-4	-20	-	-20	-7	-5	-	-9	-4	-	-	-10	-	-	-5	-10	-13	-	-6
Almondmilk (Unsweetened Original)	11 oz (in 15 oz drink)	-160	-6	-8	-6	-30	-	-30	-10	+60	+2	-15	-6	-	-	-16	-	-	-8	+20	+20	+6	-4
Almondmilk (Unsweetened Original)	14 oz (in 18 oz drink)	-200	-7	-9	-8	-40	-	-40	-13	-10	-	-18	-6	-	-	-20	-	-	-10	-20	-33	-	-8
Lactose Free Milk	7 oz (in 12 oz drink)	-10	1	1	0	2	0	0	0	-10	0	0	0	0	0	0	0	0	1	0	5	0	0

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Lactose Free Milk	11 oz (in 15 oz drink)	-10	1	1	0	0	0	0	0	-15	-1	0	0	0	0	0	0	0	1	5	5	0	0
Lactose Free Milk	14 oz (in 18 oz drink)	0	1	2	-1	-5	0	0	0	-20	-1	0	0	0	0	0	0	0	1	5	0	0	0
Oatmilk	7 oz (in 12 oz drink)	-30	-3	-4	-4	-20	-	-20	-7	-5	-	+6	+2	+2	+7	-4	+6	+12	-4	+5	+10	-	+2
Oatmilk	11 oz (in 15 oz drink)	-50	-4	-6	-6	-27	-	-30	-10	-10	-1	+9	+3	+3	+11	-6	+10	+20	-6	+10	+10	-	+2
Oatmilk	14 oz (in 18 oz drink)	-60	-6	-7	-7	-35	-	-40	-13	-10	-	+12	+5	+4	+14	-8	+12	+24	-8	+10	+10	+6	+5

