

Restaurant Foods Nutrition Facts

Coffee Shop - Brewed Coffee & Tea	Serving Size	Calories	Total Fat (g)	Total Fat (%DV)	Saturated Fat (g)	Saturated Fat (%DV)	Trans Fat (g)	Cholesterol (mg)	Cholesterol (%DV)	Sodium (mg)	Sodium (%DV)	Total Carbohydrates (g)	Total Carbohydrates (%DV)	Dietary Fiber (g)	Dietary Fiber (%DV)	Sugar (g)	Added Sugar (g)	Added Sugar (%DV)	Protein (g)	Vitamin D (%DV)	Calcium (%DV)	Iron (%DV)	Potassium (%DV)
Coffee	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Hot or Iced Coffee	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Hot or Iced Coffee	12 oz	5	0	0	0	0	0	0	0	5	0	0	0	0	0	0	0	0	0	0	0	0	4
Hot or Iced Coffee	16 oz	5	0	0	0	0	0	0	0	10	0	0	0	0	0	0	0	0	1	0	0	0	4
Hot or Iced Coffee	20 oz	5	0	0	0	0	0	0	0	10	0	0	0	0	0	0	0	0	1	0	0	0	6
Café Au Lait	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whole Milk	12 oz	70	3.5	4	2.5	13	0	10	3	60	3	6	2	0	0	6	0	0	4	6	10	0	6
Whole Milk	16 oz	90	4.5	6	3	15	0	15	5	75	3	7	3	0	0	7	0	0	5	6	15	0	8
Whole Milk	20 oz	130	6	8	4	20	0	20	7	105	5	10	4	0	0	10	0	0	6	10	20	0	10
Tea	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Brewed Hot Tea	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Brewed Hot Tea	8 oz	0	0	0	0	0	0	0	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0
Brewed Hot Tea	12 oz	0	0	0	0	0	0	0	0	10	0	0	0	0	0	0	0	0	0	0	0	0	0
Brewed Hot Tea	20 oz	0	0	0	0	0	0	0	0	15	1	0	0	0	0	0	0	0	0	0	2	0	0
Brewed Iced Tea	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Brewed Iced Tea	12 oz	0	0	0	0	0	0	0	0	10	0	0	0	0	0	0	0	0	0	0	0	0	0
Brewed Iced Tea	16 oz	0	0	0	0	0	0	0	0	15	1	0	0	0	0	0	0	0	0	0	2	0	0
Brewed Iced Tea	20 oz	0	0	0	0	0	0	0	0	15	1	0	0	0	0	0	0	0	0	0	2	0	0
London Fog	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whole Milk	16 oz	250	9	12	6	30	0	30	10	140	6	32	12	0	0	32	18	36	9	15	25	0	8

Have questions or comments? Call Wegmans Consumer Care Center:

1-800-WEGMANS (934-6267)

Monday - Friday 8 AM – 7 PM ET

Saturday & Sunday 8 AM – 5 PM ET

Coffee Shop - Brewed Coffee & Tea	Serving Size	Calories	Total Fat (g)	Total Fat (%DV)	Saturated Fat (g)	Saturated Fat (%DV)	Trans Fat (g)	Cholesterol (mg)	Cholesterol (%DV)	Sodium (mg)	Sodium (%DV)	Total Carbohydrates (g)	Total Carbohydrates (%DV)	Dietary Fiber (g)	Dietary Fiber (%DV)	Sugar (g)	Added Sugar (g)	Added Sugar (%DV)	Protein (g)	Vitamin D (%DV)	Calcium (%DV)	Iron (%DV)	Potassium (%DV)
Sweet Tea	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Sweet Tea	12 oz	110	0	0	0	0	0	0	0	10	0	28	10	0	0	26	26	52	0	0	0	0	0
Sweet Tea	16 oz	140	0	0	0	0	0	0	0	10	0	37	13	0	0	35	35	70	0	0	0	0	0
Sweet Tea	20 oz	180	0	0	0	0	0	0	0	15	1	46	17	0	0	44	44	88	0	0	2	0	0
Southern Sweet Tea	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Southern Sweet Tea	8 oz	70	0	0	0	0	0	0	0	5	0	18	7	0	0	18	18	36	0	0	0	0	2
Southern Sweet Tea	12 oz	100	0	0	0	0	0	0	0	10	0	27	10	0	0	27	27	54	0	0	0	0	2
Southern Sweet Tea	16 oz	140	0	0	0	0	0	0	0	15	1	37	13	0	0	35	35	70	0	0	0	0	4
Southern Sweet Tea	20 oz	170	0	0	0	0	0	0	0	15	1	46	17	0	0	44	44	88	0	0	0	0	4
Milk Options Adding 4 oz of Milk	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Whole Milk	4 oz	70	3.5	4	2.5	13	0	10	3	55	2	6	2	0	0	6	0	0	3	6	10	0	4
1% Milk	4 oz	45	1	1	0.5	3	0	5	2	55	2	6	2	0	0	6	0	0	4	6	10	0	4
Skim Milk	4 oz	40	0	0	0	0	0	0	0	55	2	6	2	0	0	6	0	0	4	6	10	0	4
Almondmilk	4 oz	15	1.5	2	0	0	0	0	0	50	2	1	0	0	0	0	0	0	1	0	0	0	0
Oatmilk	4 oz	60	2.5	3	0	0	0	0	0	45	2	8	3	1	4	3	0	0	1	10	15	0	4
Soymilk	4 oz	45	1.5	2	0	0	0	0	0	45	2	4	1	1	4	3	2	4	3	15	10	0	2

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Syrups / Sauces / Protein Powder	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Single Pump or Scoop	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Syrup Pump	.25 oz	20	0	0	0	0	0	0	0	15	1	6	2	0	0	7	5	10	0	0	0	0	0
Sugar Free Syrup Pump	.25 oz	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Sauce Pump	.50 oz	50	0	0	0	0	0	0	0	30	1	12	4	0	0	11	11	22	0	0	0	0	0
Protein Powder	.75 oz	70	0	0	0	0	0	10	3	75	3	2	1	0	0	0	0	0	16	0	30	0	2
Syrup	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
12 oz	3 pumps	70	0	0	0	0	0	0	0	40	2	17	6	0	0	21	16	32	0	0	0	0	0
16 oz	4 pumps	90	0	0	0	0	0	0	0	55	2	22	8	0	0	28	22	44	0	0	0	0	0
20 oz	5 pumps	110	0	0	0	0	0	0	0	70	3	28	10	0	0	35	27	54	0	0	0	0	0
Sugar Free Syrup	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
12 oz	3 pumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
16 oz	4 pumps	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
20 oz	5 pumps	0	0	0	0	0	0	0	0	5	0	0	0	0	0	0	0	0	0	0	0	0	0
Sauce	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
12 oz	1 pump	50	0	0	0	0	0	0	0	30	1	12	4	0	0	11	11	22	0	0	0	0	0
16 oz	2 pumps	100	0	0	0	0	0	0	0	55	2	24	9	0	0	22	22	44	0	0	2	0	0
20 oz	3 pumps	160	0	0	0	0	0	0	0	85	4	37	13	0	0	33	33	66	0	0	2	0	0