

Prepared Foods Nutrition Facts



Brick Oven Authentic Italian Pizza	Serving Size	Calories	Calories from fat	Total Fat		Saturated Fat		Trans Fat	Cholesterol		Sodium		Total Carbohydrates		Dietary Fiber		Sugar	Protein	Vitamin A	Vitamin C	Calcium	Iron
	(g)			(g)	(%DV)	(g)	(%DV)	(g)	(mg)	(%DV)	(mg)	(%DV)	(g)	(%DV)	(g)	(%DV)	(g)	(g)	(%DV)	(%DV)	(%DV)	(%DV)
Pizza HOT Slices - AIP (6 Slices per large pizza)																						
Buffalo Chicken	1 Slice	530	230	26	40	8	40	0	65	22	1600	67	49	16	2	8	4	24	6	2	25	0
Bolognese (Seasonal)	1 Slice	450	150	17	26	8	40	0	60	20	1170	49	49	16	3	12	4	23	10	15	30	4
Caramelized Onion & Applewood Bacon	1 Slice	450	140	15	23	7	35	0	40	13	1480	62	55	18	4	16	8	21	6	15	25	6
Cheese	1 Slice	380	110	12	18	6	30	0	35	12	1070	45	48	16	3	12	4	18	6	10	20	0
Cheese & Meatball	1 Slice	460	170	19	29	8	40	0	50	17	1260	53	50	17	3	12	4	22	6	10	25	2
Cheese & Pepperoni	1 Slice	430	150	17	26	7	35	0	45	15	1280	53	48	16	3	12	4	20	6	10	20	0
Cheese & Spicy Small Cup Pepperoni	1 Slice	420	140	16	25	7	35	0	40	13	1220	51	49	16	3	12	4	19	6	20	20	2
Margherita	1 Slice	330	80	9	14	3.5	18	0	15	5	920	38	48	16	3	12	4	13	4	10	10	0
Meatball, Ricotta & Hot Peppers	1 Slice	470	170	19	29	9	45	0	55	18	1340	56	50	17	3	12	5	23	10	15	35	0
Mushroom & Truffle	1 Slice	400	140	16	25	5	25	0	25	8	990	41	47	16	3	12	4	16	4	2	15	2
Pepperoni & Bacon	1 Slice	480	180	20	31	9	45	0	50	17	1660	69	49	16	3	12	4	24	6	10	20	6
Pepperoni & Roasted Mushrooms	1 Slice	440	160	18	28	8	40	0	45	15	1350	56	49	16	3	12	4	21	6	10	20	2

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	(g)			(g)	(%DV)	(g)	(%DV)	(g)	(mg)	(%DV)	(mg)	(%DV)	(g)	(%DV)	(g)	(%DV)	(g)	(g)	(%DV)	(%DV)	(%DV)	(%DV)
Pepperoni, Sausage, Bacon & Meatballs	1 Slice	590	260	29	45	11	55	0	70	23	1880	78	50	17	3	12	4	29	6	10	25	8
Pepperoni, Sausage, Peppers & Onion	1 Slice	490	190	21	32	9	45	0	55	18	1380	58	50	17	4	16	5	23	6	20	25	2
Pepperoni & Sausage	1 Slice	480	190	21	32	9	45	0	55	18	1380	58	49	16	3	12	4	22	6	10	25	2
Pesto Cream, Chicken, Tomatoes & Fresh Basil	1 Slice	440	150	16	25	7	35	0	50	17	1110	46	48	16	3	12	3	23	15	8	25	2
Pesto, Tomato & Spinach	1 Slice	490	200	22	34	9	45	0	50	17	1170	49	49	16	3	12	4	22	25	10	35	4
Pesto Veggie	1 Slice	430	150	17	26	7	35	0	40	13	1210	50	50	17	4	16	4	20	25	35	30	4
Sausage & Banana Peppers	1 Slice	410	140	15	23	7	35	0	45	15	1130	47	47	16	3	12	2	19	6	8	25	0
Spicy Cup Pepperoni & Italian Sausage	1 Slice	470	180	20	31	8	40	0	50	17	1320	55	49	16	3	12	4	22	8	20	25	2
Spicy Cup Pepperoni & Roasted Mushrooms	1 Slice	430	150	16	25	7	35	0	40	13	1280	53	49	16	3	12	5	20	6	20	20	2
Spicy Cup Pepperoni, Sausage, Bacon, & Meatballs	1 Slice	600	270	30	46	12	60	0	75	25	1880	78	51	17	3	12	4	30	8	20	25	10
Spicy Cup Pepperoni, Sausage, Peppers & Onions	1 Slice	470	180	20	31	8	40	0	50	17	1320	55	50	17	4	16	5	22	8	30	25	4
Truffle Cream, Spinach, Artichoke, & Roasted Red Pepper	1 Slice	440	160	18	28	6	30	0	25	8	1050	44	49	16	4	16	4	17	20	15	20	4

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	(g)			(g)	(%DV)	(g)	(%DV)	(g)	(mg)	(%DV)	(mg)	(%DV)	(g)	(%DV)	(g)	(%DV)	(g)	(g)	(%DV)	(%DV)	(%DV)	(%DV)
White, Spinach, Roasted Red Peppers & Roasted Mushrooms	1 Slice	510	210	23	35	11	55	0	55	18	1260	53	50	17	3	12	4	24	25	15	40	4
White Cheese & Garlic	1 Slice	490	190	21	32	11	55	0	60	20	1160	48	50	17	2	8	4	23	10	4	35	2
White Garlic, Tomato Trio & Onions	1 Slice	480	170	20	31	10	50	0	55	18	1140	48	52	17	3	12	4	23	15	10	35	2
Breakfast Pizza HOT Slices - AIP (6 Slices per large pizza)																						
Bacon Breakfast	1 Slice	420	140	16	25	8	40	0	125	42	1010	42	45	15	2	8	2	21	10	0	25	2
Ham Breakfast	1 Slice	440	150	16	25	8	40	0	135	45	1120	47	46	15	2	8	3	24	10	0	25	8
Italian Sausage Breakfast	1 Slice	470	180	20	31	9	45	0	135	45	1090	45	46	15	2	8	2	23	10	2	30	4
Italian Sausage, Peppers & Onions Breakfast	1 Slice	470	180	20	31	9	45	0	135	45	1090	45	47	16	3	12	3	23	10	4	30	4
Veggie Breakfast	1 Slice	460	160	18	28	8	40	0	125	42	1130	47	51	17	4	16	4	22	30	40	30	6
Signature Pizzas AIP ONLY - Small (4 slices per pizza)																						
Buffalo Chicken	1 Slice	210	90	10	15	3	15	0	25	8	630	26	20	7	1	4	2	9	2	0	8	0
Caramelized Onion & Applewood Bacon	1 Slice	180	50	6	9	2.5	13	0	15	5	580	24	22	7	1	4	4	8	2	6	8	2
Cheese	1 Slice	150	45	5	8	2.5	13	0	15	5	430	18	20	7	1	4	2	7	2	4	8	0
Margherita	1 Slice	140	35	4	6	2	10	0	10	3	370	15	20	7	1	4	2	6	2	4	6	0

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	(g)			(g)	(%DV)	(g)	(%DV)	(g)	(mg)	(%DV)	(mg)	(%DV)	(g)	(%DV)	(g)	(%DV)	(g)	(g)	(%DV)	(%DV)	(%DV)	(%DV)
Mushroom & Truffle	1 Slice	150	50	5	8	1.5	8	0	5	2	370	15	19	6	1	4	1	6	0	2	6	0
Pepperoni & Cheese	1 Slice	170	60	7	11	3	15	0	20	7	510	21	20	7	1	4	2	8	2	4	8	0
Spicy Cup Pepperoni & Cheese	1 Slice	170	60	6	9	3	15	0	15	5	490	20	20	7	1	4	2	8	2	8	8	0
Pesto Tomato Spinach	1 Slice	190	70	8	12	3.5	18	0	20	7	460	19	20	7	1	4	1	9	8	4	15	2
Prosciutto & Arugula	1 Slice	160	50	6	9	3	15	0	20	7	460	19	19	6	1	4	1	9	4	0	10	0
White Cheese & Garlic	1 Slice	200	80	9	14	4	20	0	20	7	460	19	20	7	1	4	1	9	4	2	15	0

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	(g)			(g)	(%DV)	(g)	(%DV)	(g)	(mg)	(%DV)	(mg)	(%DV)	(g)	(%DV)	(g)	(%DV)	(g)	(g)	(%DV)	(%DV)	(%DV)	(%DV)
Signature Pizzas AIP ONLY- Medium (6 slices per pizza)																						
Buffalo Chicken	1 Slice	270	120	13	20	4	20	0	30	10	800	33	24	8	1	4	2	12	4	0	10	0
Caramelized Onion & Applewood Bacon	1 Slice	220	70	8	12	3.5	18	0	20	7	730	30	27	9	2	8	4	11	2	6	10	2
Cheese	1 Slice	190	50	6	9	3	15	0	15	5	530	22	24	8	2	8	2	9	2	6	10	0
Margherita	1 Slice	180	45	5	8	2.5	13	0	10	3	460	19	24	8	2	8	2	8	4	6	8	0
Mushroom & Truffle	1 Slice	200	70	8	12	2.5	13	0	10	3	490	20	23	8	1	4	2	8	2	2	8	0
Pepperoni & Cheese	1 Slice	210	70	8	12	3.5	18	0	20	7	610	25	24	8	2	8	2	10	2	6	10	0
Spicy Cup Pepperoni & Cheese	1 Slice	210	70	8	12	3.5	18	0	20	7	610	25	24	8	2	8	2	10	4	10	10	0
Pesto Tomato Spinach	1 Slice	240	100	11	17	4.5	23	0	25	8	590	25	25	8	2	8	2	11	10	6	15	2
Prosciutto & Arugula	1 Slice	210	70	8	12	4	20	0	25	8	580	24	23	8	1	4	1	11	4	2	15	0
White Cheese & Garlic	1 Slice	240	100	11	17	5	25	0	30	10	580	24	25	8	1	4	2	12	6	2	20	0
Signature Pizzas AIP ONLY - Large (8 Slices/Pizza)																						
Buffalo Chicken	1 Slice	400	170	19	29	6	30	0	50	17	1200	50	37	12	2	8	3	18	6	2	15	0
Cheese Pizza	1 Slice	280	80	9	14	4.5	23	0	25	8	800	33	36	12	2	8	3	13	4	8	15	0
Caramelized Onion & Applewood Bacon	1 Slice	340	100	12	18	5	25	0	30	10	1110	46	41	14	3	12	6	16	4	10	15	4
Margherita	1 Slice	270	70	8	12	3.5	18	0	15	5	690	29	36	12	2	8	3	12	4	8	10	0
Mushroom & Truffle	1 Slice	300	100	12	18	4	20	0	20	7	740	31	35	12	2	8	3	12	4	2	10	0
Pepperoni & Cheese	1 Slice	320	110	13	20	6	30	0	35	12	960	40	36	12	2	8	3	15	4	8	15	0

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	(g)			(g)	(%DV)	(g)	(%DV)	(g)	(mg)	(%DV)	(mg)	(%DV)	(g)	(%DV)	(g)	(%DV)	(g)	(g)	(%DV)	(%DV)	(%DV)	(%DV)
Spicy Cup Pepperoni & Cheese	1 Slice	310	110	12	18	5	25	0	30	10	910	38	37	12	2	8	3	15	4	15	15	2
Pesto Tomato Spinach	1 Slice	360	150	16	25	7	35	0	35	12	880	37	37	12	2	8	3	17	20	8	25	2
Prosciutto & Arugula	1 Slice	300	100	11	17	6	30	0	35	12	840	35	33	11	1	4	1	16	6	2	20	0
White Cheese & Garlic	1 Slice	370	140	16	25	8	40	0	45	15	870	36	37	12	2	8	3	17	8	4	30	0
Signature Breakfast Pizzas AIP ONLY - Large (8 Slices/Pizza)																						
Bacon	1 Slice	310	110	12	18	6	30	0	95	32	760	32	34	11	2	8	2	15	6	0	20	2
Ham	1 Slice	330	110	12	18	6	30	0	105	35	840	35	34	11	2	8	2	18	6	0	20	6
Italian Sausage	1 Slice	350	130	15	23	6	30	0	105	35	820	34	34	11	2	8	2	17	8	2	20	2
Italians Sausage, Peppers, Onions	1 Slice	350	130	15	23	6	30	0	105	35	820	34	35	12	2	8	2	17	8	2	20	2
Veggie	1 Slice	350	120	14	22	6	30	0	95	32	850	35	38	13	3	12	3	16	25	30	25	4
Dough Calories																						
Small (Thick)	1 Each	380	25	2.5	4	0	0	0	0	0	1080	45	72	24	4	16	4	15	0	2	0	0
Medium (Thin)	1 Each	380	25	2.5	4	0	0	0	0	0	1080	45	72	24	4	16	4	15	0	2	0	0
Medium (Thick)	1 Each	700	45	5	8	0.5	3	0	0	0	1980	83	132	44	7	28	7	27	0	2	0	0
Large (Thin)	1 Each	700	45	5	8	0.5	3	0	0	0	1980	83	132	44	7	28	7	27	0	2	0	0
Large (Thick)	1 Each	1410	90	10	15	1.5	8	0	0	0	3960	165	264	88	13	52	13	53	0	6	2	0

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