

Prepared Foods Nutrition Facts



Traditional Deck Oven Pizza	Serving Size	Calories	Calories from fat	Total Fat		Saturated Fat		Trans Fat	Cholesterol		Sodium		Total Carbohydrates		Dietary Fiber		Sugar	Protein	Vitamin A	Vitamin C	Calcium	Iron
	(g)			(g)	(%DV)	(g)	(%DV)	(g)	(mg)	(%DV)	(mg)	(%DV)	(g)	(%DV)	(g)	(%DV)	(g)	(g)	(%DV)	(%DV)	(%DV)	(%DV)
Pizza Slices - TIP (6 slices per large pizza)																						
Buffalo Chicken	1 Slice	600	240	26	40	8	40	0	65	22	1780	74	61	20	3	12	4	26	6	2	25	0
Caramelized Onion & Applewood Bacon	1 Slice	500	130	15	23	7	35	0	40	13	1720	72	66	22	4	16	8	24	10	20	25	8
Cheese	1 Slice	430	100	12	18	6	30	0	35	12	1300	54	59	20	3	12	4	20	10	10	20	2
Cheese & Meatball	1 Slice	520	170	19	29	8	40	0	50	17	1490	62	61	20	3	12	4	24	10	10	25	2
Cheese & Pepperoni	1 Slice	480	140	16	25	7	35	0	45	15	1510	63	59	20	3	12	4	22	10	10	20	2
Cheese & Spicy Small Cup Pepperoni	1 Slice	470	140	15	23	7	35	0	40	13	1450	60	60	20	3	12	4	22	10	20	20	4
Margherita	1 Slice	380	70	8	12	3.5	18	0	15	5	1140	48	59	20	3	12	4	16	10	10	10	2
Meatball, Ricotta & Hot Peppers	1 Slice	530	170	19	29	9	45	0	5	18	1660	69	62	21	4	16	5	25	15	15	35	2
Mushroom & Truffle	1 Slice	470	150	17	26	6	30	0	25	8	1240	52	59	20	3	12	4	18	4	2	20	2
Pepperoni & Bacon	1 Slice	530	170	19	29	9	45	0	50	17	1880	78	60	20	3	12	4	26	10	10	20	8
Pepperoni & Roasted Mushrooms	1 Slice	490	150	17	26	7	35	0	45	15	1570	65	60	20	3	12	4	23	10	10	20	2
Pepperoni, Sausage, Bacon & Meatballs	1 Slice	640	250	28	43	11	55	0	70	23	2110	88	61	20	3	12	4	31	10	10	25	10

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	(g)			(g)	(%DV)	(g)	(%DV)	(g)	(mg)	(%DV)	(mg)	(%DV)	(g)	(%DV)	(g)	(%DV)	(g)	(g)	(%DV)	(%DV)	(%DV)	(%DV)
Pepperoni, Sausage, Peppers & Onion	1 Slice	540	180	21	32	8	40	0	55	18	1610	67	61	20	4	16	5	25	15	25	25	4
Pepperoni & Sausage	1 Slice	530	180	20	31	8	40	0	55	18	1610	67	60	20	3	12	4	25	10	10	25	4
Pesto Cream, Chicken, Tomatoes & Fresh Basil	1 Slice	500	150	17	26	7	35	0	50	17	1300	54	60	20	3	12	4	25	15	8	25	2
Pesto, Tomato & Spinach	1 Slice	530	180	21	32	8	40	0	45	15	1340	56	61	20	4	16	4	23	25	10	30	4
Pesto Veggie	1 Slice	500	150	17	26	7	35	0	40	13	1410	59	62	21	4	16	4	22	25	35	30	4
Sausage & Banana Peppers	1 Slice	470	140	16	25	7	35	0	45	15	1410	59	59	20	4	16	3	22	6	8	25	2
Spicy Cup Pepperoni & Italian Sausage	1 Slice	520	170	19	29	8	40	0	50	17	1380	58	60	20	3	12	5	24	10	20	25	6
Spicy Cup Pepperoni & Roasted Mushrooms	1 Slice	480	140	16	25	7	35	0	40	13	1510	63	60	20	3	12	5	22	10	20	20	4
Spicy Cup Pepperoni, Sausage, Bacon, & Meatballs	1 Slice	650	270	30	46	12	60	0	75	25	1950	81	62	21	3	12	5	32	15	20	25	15
Spicy Cup Pepperoni, Sausage, Peppers & Onions	1 Slice	530	170	19	29	8	40	0	50	17	1380	58	61	20	4	16	5	24	15	30	25	6
Truffle Cream, Spinach, Artichoke, & Roasted Red Pepper	1 Slice	510	170	19	29	6	30	0	25	8	1250	52	61	20	4	16	4	19	20	15	20	4
White, Spinach, Roasted Red Peppers & Roasted Mushrooms	1 Slice	570	210	24	37	11	55	0	55	18	1460	61	62	21	4	16	5	26	25	15	40	4

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	(g)			(g)	(%DV)	(g)	(%DV)	(g)	(mg)	(%DV)	(mg)	(%DV)	(g)	(%DV)	(g)	(%DV)	(g)	(g)	(%DV)	(%DV)	(%DV)	(%DV)
White Cheese & Garlic	1 Slice	550	200	22	34	11	55	0	60	20	1370	57	62	21	3	12	4	26	10	4	35	2
White Garlic, Tomato Trio & Onions	1 Slice	540	170	19	29	10	50	0	55	18	1320	55	64	21	3	12	5	25	15	10	35	2
Signature Pizzas TIP- Small (4 SLICES PER PIZZA)																						
Buffalo Chicken	1 Slice	230	90	10	15	3	15	0	25	8	680	28	23	8	1	4	2	10	2	0	8	0
Caramelized Onion & Applewood Bacon	1 Slice	190	50	6	9	2.5	13	0	15	5	640	27	25	8	1	4	3	9	4	6	8	2
Cheese	1 Slice	160	40	4.5	7	2	10	0	15	5	490	20	22	7	1	4	2	8	4	4	8	0
Margherita	1 Slice	160	35	4	6	2.5	13	0	10	3	440	18	22	7	1	4	2	8	6	4	6	0
Mushroom & Truffle	1 Slice	170	50	6	9	2	10	0	5	2	440	18	22	7	1	4	1	6	0	0	6	0
Pepperoni & Cheese	1 Slice	180	60	6	9	3	15	0	20	7	570	24	22	7	1	4	2	9	4	4	8	0
Spicy Cup Pepperoni & Cheese	1 Slice	180	50	6	9	2.5	13	0	15	5	550	23	22	7	1	4	2	8	4	8	8	2
Pesto Tomato Spinach	1 Slice	200	70	8	12	3	15	0	15	5	500	21	23	8	1	4	2	9	8	4	10	2
Prosciutto & Arugula	1 Slice	180	50	6	9	3	15	0	20	7	510	21	22	7	1	4	1	9	4	0	10	0
White Cheese & Garlic	1 Slice	220	80	9	14	4	20	0	20	7	510	21	24	8	1	4	2	10	4	2	15	0
Signature Pizzas TIP- Medium																						
Buffalo Chicken	1 Slice	300	120	13	20	4	20	0	30	10	890	37	30	10	1	4	2	13	4	0	10	0
Caramelized Onion & Applewood Bacon	1 Slice	250	70	7	11	3.5	18	0	20	7	850	35	33	11	2	8	4	12	6	8	10	4

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Cheese	1 Slice	220	50	6	9	3	15	0	15	5	650	27	30	10	2	8	2	10	6	6	10	0
Pepperoni & Cheese	1 Slice	240	70	8	12	3.5	18	0	20	7	730	30	30	10	2	8	2	11	6	6	10	2
Spicy Cup Pepperoni & Cheese	1 Slice	240	70	8	12	3.5	18	0	20	7	720	30	30	10	2	8	2	11	6	10	10	2
Margherita	1 Slice	210	50	5	8	3	15	0	15	5	580	24	30	10	2	8	2	10	8	6	8	0
Mushroom & Truffle	1 Slice	240	80	8	12	2.5	13	0	10	3	620	26	30	10	2	8	2	9	2	2	8	0
Pesto Tomato Spinach	1 Slice	260	90	10	15	4	20	0	20	7	670	28	31	10	2	8	2	11	10	6	15	2
Prosciutto & Arugula	1 Slice	240	80	9	14	4	20	0	25	8	670	28	29	10	1	4	2	12	4	2	15	0
White Cheese & Garlic	1 Slice	280	100	11	17	5	25	0	30	10	690	29	31	10	2	8	2	13	6	2	20	0
Signature Pizzas TIP - Large (8 Slices/Pie)																						
Buffalo Chicken	1 Slice	450	180	20	31	6	30	0	50	17	1330	55	46	15	2	8	3	20	6	2	15	0
Caramelized Onion & Applewood Bacon	1 Slice	380	100	11	17	5	25	0	30	10	1290	54	49	16	3	12	6	18	8	10	15	6
Cheese Pizza	1 Slice	320	80	9	14	4.5	23	0	25	8	970	40	44	15	2	8	3	15	8	8	15	2
Margherita	1 Slice	330	80	9	14	4.5	23	0	20	7	880	37	44	15	2	8	4	15	10	8	15	2
Mushroom & Truffle	1 Slice	350	110	13	20	4.5	23	0	20	7	930	39	44	15	2	8	3	14	4	2	15	0
Pepperoni & Cheese	1 Slice	360	110	12	18	6	30	0	35	12	1130	47	44	15	2	8	3	17	8	8	15	2
Spicy Cup Pepperoni & Cheese	1 Slice	350	100	11	17	5	25	0	30	10	1080	45	45	15	2	8	3	16	10	15	15	2
Pesto Tomato Spinach	1 Slice	400	140	15	23	6	30	0	35	12	1000	42	46	15	3	12	3	17	15	8	25	2

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Prosciutto & Arugula	1 Slice	350	100	11	17	6	30	0	35	12	970	40	42	14	1	4	1	18	6	2	20	0
White Cheese & Garlic	1 Slice	420	150	16	25	8	40	0	45	15	1030	43	46	15	2	8	3	19	8	4	30	0
Dough Calories TIP																						
Small	1 Each	450	25	3	5	0	0	0	0	0	1260	53	84	28	4	16	4	17	0	2	0	0
Medium	1 Each	900	50	6	9	1	5	0	0	0	2520	105	168	56	9	36	8	34	0	4	0	0
Large	1 Each	1790	110	13	20	2	10	0	0	0	5040	210	336	112	17	68	17	68	0	8	2	0

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