

Prepared Foods Nutrition Facts



| Self Serve Specialty Drinks | Serving Size | Calories | Calories from fat | Total Fat | | Saturated Fat | | Trans Fat | Cholesterol | | Sodium | | Total Carbohydrates | | Dietary Fiber | | Sugar | Protein | Vitamin A | Vitamin C | Calcium | Iron |
|-----------------------------|--------------|----------|-------------------|-----------|-------|---------------|-------|-----------|-------------|-------|--------|-------|---------------------|-------|---------------|-------|-------|---------|-----------|-----------|---------|-------|
| | (g) | | | (g) | (%DV) | (g) | (%DV) | (g) | (mg) | (%DV) | (mg) | (%DV) | (g) | (%DV) | (g) | (%DV) | (g) | (g) | (%DV) | (%DV) | (%DV) | (%DV) |
| Chai Latte | 12 oz | 60 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 40 | 2 | 15 | 5 | 0 | 0 | 14 | 0 | 0 | 2 | 0 | 0 |
| Chai Latte | 16 oz | 90 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 50 | 2 | 20 | 7 | 0 | 0 | 19 | 0 | 0 | 2 | 2 | 0 |
| Chai Latte | 20 oz | 110 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 65 | 3 | 25 | 8 | 0 | 0 | 24 | 0 | 0 | 4 | 2 | 0 |
| Cappuccino | 12 oz | 70 | 10 | 1.5 | 2 | 1.5 | 8 | 0 | 0 | 0 | 100 | 4 | 15 | 5 | 0 | 0 | 9 | 1 | 0 | 0 | 4 | 0 |
| Cappuccino | 16 oz | 90 | 15 | 1.5 | 2 | 1.5 | 8 | 0 | 0 | 0 | 135 | 6 | 20 | 7 | 0 | 0 | 12 | 1 | 0 | 0 | 6 | 0 |
| Cappuccino | 20 oz | 120 | 20 | 2 | 3 | 2 | 10 | 0 | 0 | 0 | 170 | 7 | 25 | 8 | 0 | 0 | 15 | 1 | 0 | 0 | 8 | 0 |
| French Vanilla Cappuccino | 12 oz | 70 | 10 | 1.5 | 2 | 1.5 | 8 | 0 | 0 | 0 | 85 | 4 | 15 | 5 | 0 | 0 | 12 | 1 | 0 | 0 | 0 | 0 |
| French Vanilla Cappuccino | 16 oz | 90 | 15 | 1.5 | 2 | 1.5 | 8 | 0 | 0 | 0 | 110 | 5 | 20 | 7 | 0 | 0 | 16 | 1 | 0 | 0 | 2 | 0 |
| French Vanilla Cappuccino | 20 oz | 120 | 20 | 2 | 3 | 2 | 10 | 0 | 0 | 0 | 140 | 6 | 25 | 8 | 0 | 0 | 20 | 1 | 0 | 0 | 2 | 0 |
| English Toffee Cappuccino | 12 oz | 70 | 10 | 1.5 | 2 | 1.5 | 8 | 0 | 0 | 0 | 100 | 4 | 15 | 5 | 0 | 0 | 9 | 0 | 0 | 0 | 4 | 0 |
| English Toffee Cappuccino | 16 oz | 90 | 15 | 1.5 | 2 | 1.5 | 8 | 0 | 0 | 0 | 135 | 6 | 20 | 7 | 0 | 0 | 12 | 0 | 0 | 0 | 6 | 0 |
| English Toffee Cappuccino | 20 oz | 120 | 20 | 2 | 3 | 2 | 10 | 0 | 0 | 0 | 170 | 7 | 25 | 8 | 0 | 0 | 15 | 0 | 0 | 0 | 8 | 0 |
| Hot Chocolate | 12 oz | 70 | 10 | 1 | 2 | 0.5 | 3 | 0 | 0 | 0 | 95 | 4 | 15 | 5 | 1 | 4 | 13 | 0 | 0 | 0 | 4 | 2 |
| Hot Chocolate | 16 oz | 90 | 10 | 1.5 | 2 | 1 | 5 | 0 | 0 | 0 | 130 | 5 | 20 | 7 | 1 | 4 | 17 | 0 | 0 | 0 | 6 | 2 |
| Hot Chocolate | 20 oz | 120 | 15 | 1.5 | 2 | 1 | 5 | 0 | 0 | 0 | 160 | 7 | 25 | 8 | 1 | 4 | 21 | 0 | 0 | 0 | 8 | 2 |

Have questions or comments? Call Wegmans Consumer Affairs
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 (585) 464-4760 or toll free 1-800-WEGMANS ext.4760