Please look for a trail marker like the one illustrated below on each trail. Trail markers are mounted on 4x4 posts.

When you locate a trail marker, use a pencil or crayon to rub the name of the trail on the corresponding page of your passport.
Welcome...

Onondaga County Parks and Wegmans invite you to explore a world of opportunities for outdoor activity and personal wellness. This passport is your guide to the diverse trails located throughout our wonderful parks system. Each page features a different trail, each unique and exciting to discover, found in five of our parks. Whether you're looking for a quick walk along the water, a chance to be at one with nature or an exhilarating hike through the forest, you'll find it at Onondaga County Parks.

Happy trails,

Joanie Mahoney
County Executive,
Onondaga County

Jane Andrews, MS, RD
Wegmans Nutrition & Product Labeling Manager

ONONDAGA COUNTY PARKS

www.OnondagaCountyParks.com

Hours, admission & trail information are subject to change

Once you have visited at least 8 of the trails in this book (that's only half!) bring it to the front desk/office of any of the participating parks (except Pratt's Falls) or mail to Onondaga County Parks Passport Program, 106 Lake Drive, Liverpool, NY 13088 and receive a coupon redeemable for a Wegmans brand product. Be sure to complete the inside back page with your contact information.

In addition, you will be entered in our Grand Prize drawing. The Grand Prize is a $100 Wegmans Gift Card and a one-day use of an Onondaga County Parks shelter for your next gathering. Drawing is held annually on October 31. Prizes subject to change and restrictions may apply.

For more information about Onondaga County Parks, visit www.OnondagaCountyParks.com
Lakeview Trail

Location: 8477 East Mud Lake Road, Baldwinsville, NY

Difficulty: Easy                Surface: Fine Gravel

Length: .3 miles • 20 minutes - This estimate allows for a leisurely walk with occasional pauses.

Lakeview is the expressway to the Beaver Lake shore. On the way you will see plenty of squirrels, forest birds and a good mix of spring blossoms under oaks and hemlocks. Once you reach the lake’s edge, telescopes will help you zero in on herons, waterfowl and other wildlife. The trail is wheelchair accessible, and interpretive signs provide an introduction to this forest and lake community.

MAKE TRAIL MARKER RUBBING HERE
Hemlock Hollow Trail

**Location:** 8477 East Mud Lake Road, Baldwinsville, NY

**Difficulty:** Easy  
**Surface:** Bark Chip

**Length:** 4 miles • 30 minutes - *This estimate allows for a leisurely walk with occasional pauses.*

The name itself suggests a cool and shaded hide-away, and that's just what you will find. Underneath the graceful hemlock boughs squirrels engage in a tag-like chase across the forest floor. From its dark doorway in a hollow tree a raccoon may be looking down at you. You can make a side trip on the Bog Trail where it meets Hemlock Hollow, or continue on the loop to return to the Center.
Bog Trail

Location: 8477 East Mud Lake Road, Baldwinsville, NY

Difficulty: Easy  Surface: Boardwalk

Length: .6 miles • 40 minutes - This estimate allows for a leisurely walk with occasional pauses.

Our elevated boardwalk is your invitation to visit a habitat different from any other you may have experienced. Yellow warblers declare ownership from the tops of spindly alders, while insect-eating pitcher plants and lady slipper orchids grace the soggy floor. A telescope on the observation tower offers the chance to watch waterfowl or see painted turtles sunning themselves on floating logs. The boardwalk also provides access to a glacially formed, wooded island.

MAKE TRAIL MARKER RUBBING HERE
Three Meadows Trail

Location: 8477 East Mud Lake Road, Baldwinsville, NY

Difficulty: Easy  Surface: Bark Chip

Length: 1.5 miles • 1 hour - This estimate allows for a leisurely walk with occasional pauses.

Daisies dancing on warm breezes will put extra spring in your step as you cross sunny fields before enjoying the cool respite of the forest. You’ll descend into a quarried basin, a seasonal wet area reclaimed by shrubby growth and a wide variety of warblers and other songbirds. In late spring you may see a turtle scraping out a sandy spot to bury her eggs. As you continue back along the wooded swamp edge, barred owls will be keeping watch over their domain.

MAKE TRAIL MARKER RUBBING HERE
Beaver Lake Nature Center

Trails open daily at 7:30 am • Admission Charged

Lake Loop Trail

Location: 8477 East Mud Lake Road, Baldwinsville, NY

Difficulty: Easy Surface: Bark Chip/Boardwalk

Length: 3.0 miles • 2 hours - This estimate allows for a leisurely walk with occasional pauses.

Nearly 3/4 of a mile of boardwalk lets you immerse yourself in a variety of wetlands, yet still keep your feet dry. You’ll see the lake from every angle and discover that it has no bad side. Transecting all of the park’s major habitats, the Lake Loop gives you a taste of everything Beaver Lake has to offer. Varied forests and open fields will also be a part of the experience. This is a great hike for those who have the time, energy and exuberance for the outdoors.

Larger maps are available at OnondagaCountyParks.com or at the Visitor Center
Pine Meadows Trail

Location: 8477 East Mud Lake Road, Baldwinsville, NY

Difficulty: Easy        Surface: Bark Chip

Length: .5 miles • 30 minutes - This estimate allows for a leisurely walk with occasional pauses.

An isolated meadow shielded by pines on one side and a mixed forest on the other makes a storybook setting for rabbits, woodchucks and deer. Sharp eyes may detect frogs concealed in the moss and cattails of two tiny, spring-fed ponds, while dragonflies perform aerial feats.

Larger maps are available at OnondagaCountyParks.com or at the Visitor Center
Deep Woods Trail

Location: 8477 East Mud Lake Road, Baldwinsville, NY

Difficulty: Easy  Surface: Bark Chip

Length: 1.4 miles • 1 hour - *This estimate allows for a leisurely walk with occasional pauses.*

The Deep Woods Trail affords hikers a long and meandering walk through the serenity of a maturing forest. At the midpoint a short boardwalk allows passage over a wet area where sensitive and cinnamon ferns stake their claim. Along the Beaver Lake shoreline a wildlife observation blind offers the chance to catch a heron or kingfisher unaware. Majestic beech trees provide spring nesting hollows for wood ducks and cool relief for summer hikers.
Woodland Trail

Location: 8477 East Mud Lake Road, Baldwinsville, NY

Difficulty: Easy          Surface: Bark Chip

Length: 1.1 miles • 55 minutes - This estimate allows for a leisurely walk with occasional pauses.

A pine forest, a cedar/hemlock swamp, and a northern hardwood forest are three different woodland communities waiting for you along this winding trail. Each bend in the path invites you onward and lakeside benches provide a rest stop to enjoy a panoramic view of the lake. This trail intersects both the Deep Woods and Lake Loop Trails, providing an opportunity to vary the route as the mood strikes you. Listen for the rapping of pileated woodpeckers that is testimony to their livelihood.

Larger maps are available at OnondagaCountyParks.com or at the Visitor Center
Highland Forest Park

Trails open daily at 8:30 am • Admission Charged

Limestone Trail

Location: 1254 Highland Park Road, Fabius, NY

Difficulty: Medium        Surface: Natural

Length: 0.8 miles • 20 minutes - Times are based on average hiking speed of 2.5 to 2.7 mph.

This trail is just a sample of what Highland Forest has to offer at just 0.8 miles in length. Most of the trail is relatively flat and stable with only a few uphill sections making it ideal for families with small children or for people with limited mobility.

All visitors must check in at the park office located inside Skyline Lodge.
Highland Forest Park

Trails open daily at 8:30 am • Admission Charged

Nature Trail

Location: 1254 Highland Park Road, Fabius, NY

Difficulty: Medium     Surface: Natural

Length: 1.86 miles • 30 minutes - Times are based on average hiking speed of 2.5 to 2.7 mph.

Only 1.86 miles long, this is an excellent trail for beginner hikers. Within the first half mile there is a bridge spanning one of the larger ravines within the park. Near the halfway point in the trail is a stand of trees that was planted when the park was first established and is a reminder of how Highland Forest was created. There are frequent sightings of various wildlife including whitetail deer, grey squirrels, red squirrels, red fox and many different types of birds.

All visitors must check in at the park office located inside Skyline Lodge.
Highland Forest Park

Trails open daily at 8:30 am • Admission Charged

- TRAIL MARKER

All visitors must check in at the park office located inside Skyline Lodge.

3 Short Cut Trail

Location: 1254 Highland Park Road, Fabius, NY

Difficulty: Medium Surface: Natural

Length: 3.6 miles • 60 minutes - Times are based on average hiking speed of 2.5 to 2.7 mph.

This trail is one of the most popular hiking trails due to its ideal distance of 3.6 miles and varying terrain. Along the trail there are several creeks and streams to cross, one of which is spanned by a bridge. There are a few hillside views and a high chance of wildlife encounters due to a large blackberry plot near the midpoint of the trail.

MAKE TRAIL MARKER RUBBING HERE
Highland Forest Park

Trails open daily at 8:30 am • Admission Charged

Historical Trail

Location: 1254 Highland Park Road, Fabius, NY

Difficulty: Medium Surface: Natural

Length: 7.76 miles • 2 hours, 5 minutes - Times are based on average hiking speed of 2.5 to 2.7 mph.

This is the newest trail that has been established within the park. The trail passes several old foundations that once made up a small community that existed where the park now stands. The trail is 7.76 miles in length half of which utilizes existing access roads and fire lanes making it a nice blend of rustic hiking and vigorous walking.
Highland Forest Park

Trails open daily at 8:30 am • Admission Charged

5 Main Trail

Location: 1254 Highland Park Road, Fabius, NY

Difficulty: Medium Surface: Natural

Length: 8.82 miles • 4 hours, 30 minutes - Times are based on average hiking speed of 2.5 to 2.7 mph.

With varying elevation changes and rough terrain, this trail is suggested for seasoned hikers. At 8.82 miles in length the trail encompasses most of the features that all of the other trails have to offer and much more. There are several views of the surrounding hills and a breathtaking view of the limestone valley from “Leo's Lookout” which has earned this region the nickname “The Adirondacks of Central New York.”
Jamesville Beach Park

- TRAIL MARKER

1 Jamesville Nature Trail

Location: 4110 West Shore Manor, Jamesville, NY
Difficulty: Medium Surface: Grass/Dirt, Bark Mulch
Length: 2 miles • 1 hour - This estimate allows for a leisurely walk with occasional pauses.

The trail begins near the Sandpiper Picnic Shelter as a worn grass path. As the trail crosses an unnamed creek, it becomes wooded and the surface changes to bark mulch for the next ¼ mile. As the bark mulch surface ends the trail takes a left turn continuing down a steep, rough, rocky path. The trail intersects a Park service drive, turns left and crosses Butternut Creek on a steel bridge. It follows the service drive into the abandoned quarry. Once in the quarry, the trail follows the drive to the right, up a gradual incline, and picks-up a wooded trail to the right. This trail winds through the Southeast corner of the Park and reenters the abandoned quarry at the East, reconnects with the same service drive that entered the quarry, and reverses itself back to the beginning near the Sandpiper Picnic Shelter.

Park is open, April - October, at 9:00 am.
A per vehicle admission is charged during beach season.
A detailed map is available in the park office.
West Shore Trail

Location: Long Branch Road, Liverpool, NY entrance opposite Long Branch Park OR I-690, Exit 7, follow Trail Parking signs.

Difficulty: Easy, flat
Surface: Paved

Length: Approximately 9 miles, out and back • 2 hours 30 minutes
This estimate allows for a leisurely walk with occasional pauses.

This paved trail is located along the scenic western shoreline of Onondaga Lake and meanders through miles of wind sheltered woodlands and open air areas. It is perfect for bicyclists, walkers, runners and nature enthusiasts. This side of Onondaga Lake is rich in history. Several lakefront resorts and dance halls stood here in the late 1890’s, early 1900’s. The trail includes an extension which was added in 2014 and offers spectacular views of Onondaga Lake and the City of Syracuse. Just off the West Shore Trail is the Lakeland Trail. This stone dust and natural surface trail is ideal for solitude and observation.
East Shore Trail

Location: 106 Lake Drive, Liverpool, NY

Difficulty: Easy, flat & straight Surface: Paved

Length: 7.5 miles, out and back • 2 hours 30 minutes
This estimate allows for a leisurely walk with occasional pauses.

This pleasant hike next to the shoreline of scenic Onondaga Lake is entirely within Onondaga Lake Park. The trail is dotted with several historic sites, playgrounds and other attractions. Walk north on the East Shore Trail for ¼-mile, until you get to the Salt Museum. Turn left onto the East Shore Trail and head northwest for another ¼-mile until you get to the Onondaga Lake Park marina. Continue northwest on the East Shore Trail for the next 2-miles. You are now entering the Willow Bay picnic area of Onondaga Lake Park. This area is the most popular picnic spot in the entire park. After going under the third bridge (John Glenn Blvd.) you will be entering the Cold Springs area of Onondaga Lake Park.
North Rim Trail

Location: 7671 Pratt's Falls Road Manlius, NY

Difficulty: Medium
Surface: Natural

Length: 2.6 miles • 1 hour, 30 minutes - This estimate allows for a leisurely walk with occasional pauses.

This trail passes the upper falls on the scenic bridge and follows the west leg of the gorge of the main waterfall. Midway through the loop, the trail journeys through old farm fields that have been partially reforested (through park programs) and roughed by succession. A gentle descent through hardwoods returns the loop near the entrance.

Park is open, April - October, 8:30 am - 5:30 pm
Admission Charged

MAKE TRAIL MARKER RUBBING HERE
West Branch Trail

Location: 7671 Pratt's Falls Road Manlius, NY

Difficulty: Medium

Surface: Natural

Length: 1.2 miles • 45 minutes - This estimate allows for a leisurely walk with occasional pauses.

The West Branch trail begins as a tight footpath toward the southwest corner of the park through mixed forest. Near its halfway point, the trail travels along the forest edge with a green-grass floor. At the loop's end, it proceeds past the old park gravel bed and a short stretch of forest to reconnect it with the trail's start.
Falls Trail

Location: 7671 Pratt’s Falls Road, Manlius, NY

Difficulty: Medium  Surface: Natural

Length: 0.6 miles • 20 minutes - This estimate allows for a leisurely walk with occasional pauses.

The Falls Trail begins with a spur consisting of multiple stair flights winding to the foot of Pratt’s Falls. The trail continues east along the wall of the gorge under conifer dominated forestland passing a few old rock wall structures and making a gentle ascent into young hardwoods. The finish brings to view the Falls Shelter, picnic areas and returns to the parking area.

Park is open, April - October, 8:30 am - 5:30 pm
Admission Charged
This Passport Belongs to:

Name

Address

Phone

Email

Please indicate the date you completed each trail below:

**Beaver Lake Nature Center**
- Lakeview Trail
- Hemlock Hollow Trail
- Bog Trail
- Three Meadows Trail
- Lake Loop Trail
- Pine Meadows Trail
- Deep Woods Trail
- Woodland Trail

**Jamesville Beach Park**
- Jamesville Nature Trail

**Pratt's Falls Park**
- North Rim Trail
- West Branch Trail
- Falls Trail

**Highland Forest Park**
- Limestone Trail
- Nature Trail
- Shortcut Trail

**Onondaga Lake Park**
- West Shore Trail
- East Shore Trail